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Baked (Barbecued) Beans

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Serves 6 -8

INGREDIENTS

6 slices bacon

1 cup minced onion

½ cup minced green bell pepper

2 garlic cloves, minced

1 cup packed dark brown sugar

½ cup molasses

½ cup ketchup or tomato sauce

2 tablespoons yellow mustard

2 tablespoons cider vinegar

1 tablespoon liquid hickory smoke (optional)

½ teaspoon crushed red pepper flakes

¼ teaspoon black pepper

2 teaspoons salt, or to taste

1 pound cooked navy beans, plus 3 cups cooking liquid, or 3 (15.5-ounce) cans, undrained

PREPARATION

- 1. Preheat the oven to 350°F.
- Cut 3 slices of the bacon into 1-inch strips. In a skillet, cook the cut bacon until browned and crisp. Use a slotted spoon to remove to paper towels to drain.
- 3. In the same pan, sauté the onion, bell pepper, and garlic over medium heat until tender and the onion is translucent, about 5 minutes. Stir in the brown sugar, molasses, ketchup, mustard, vinegar, liquid smoke (if using), pepper flakes, black pepper, and salt. Mix well. Cook over medium-low heat until the sugar is dissolved, about 1½ minutes.
- 4. In a large bowl, combine the beans, their liquid, the sauce, and the cooked bacon. Pour into a 13 × 9-inch baking dish or a 3-quart casserole. Place the remaining 3 slices of bacon on top of the beans. Cover

and bake for 45 minutes. Uncover, increase the oven temperature to 425°F, and bake for 15 minutes more to brown the bacon slices.



